

A scenic photograph of a mountain range with snow-capped peaks and a clear blue lake in the foreground. The mountains are reflected in the water, and evergreen trees are visible in the mid-ground.

The Rockies

the mountains are calling you

The Rockies are globally renowned for unbeatable hiking trails, pristine waters and incredible wildlife. The group will journey from Vancouver along the picturesque Trans Canada Highway to spots like Banff, Lake Louise and Jasper.

Students will explore the region while gaining tangible skills and knowledge in environmental stewardship, climate change mitigation, and wilderness adventure. Through various mountain excursions and workshops with local changemakers, students will gain an appreciation for the land they live on, and the tools to better sustain it.

Potential Themes

- Physical Geography & Geology
- Biodiversity, Sustainability & Climate Change
- Student Leadership & Stewardship
- Outdoor Education, Ecotourism & Adventure

Sample Itinerary

DAY 1

Travel the 7-10 hour journey to Banff along the scenic Trans Canada Highway. En route, stop for sightseeing and meals in Kamloops, Golden, or Emerald Lake.

DAY 2

Spend the day with CPAWS learning about wilderness conservation and climate change mitigation. Take an evening dip in the mineral-rich Upper Hot Springs.

DAY 3

Hike Mount Norquay, experience white water rafting, or ride the gondola up Sulphur Mountain and visit the Buffalo Nations Luxton Museum afterwards.

DAY 4

Drive along the scenic Icefields Parkways to Lake Louise and complete a short hike to a tea house before arriving at the Palisades Stewardship Centre.

DAY 5

Explore the vast mountains in Jasper National Park alongside local guides and gain leadership, survival and environmental stewardship skills.

DAY 6

Participate in an indigenous-led tour of the Maligne Valley and listen to some live music while enjoying poutine or beavertails in the evening.

DAY 7

Travel by coach from Jasper back to Vancouver, stopping at local sights at Revelstoke or Glacier National Park along the way.

Program Details

LENGTH

6-8 days

INTENDED GRADES

Grade 6-12

PROGRAM SIZE

12-24 students