

High School Programs

PROGRAMS OFFERED IN 2023

Insight’s 2023 high school programs provide a range of exciting and immersive experiences for students. Below is a list of our available locations along with select sample themes. All of our programs are customized to suit your needs, from the initial program themes to the itinerary and activities.



PROGRAMS IN CANADA

BRITISH COLUMBIA

Sustainability & conservation
 Indigenous cultures & identities
 Outdoor & physical education

THE YUKON

Indigenous cultures & governance
 Climate change & sustainability
 Outdoor & physical education

ONTARIO & QUEBEC

Canadian history & politics
 Indigenous cultures & identities
 Activism & democracy
 *Optional French language focus

THE MARITIMES

Arts, culture, & architecture
 History & identity
 Human migration & economics

GLOBAL PROGRAMS

COSTA RICA*

Environmental conservation
Climate change & sustainability
Ecotourism & adventure

ECUADOR*

Biodiversity & the environment
Indigenous cultures & identities
Geology & earth sciences

FIJI

Marine conservation
Climate change & sustainability
Indigenous cultures & identities

GERMANY & POLAND

WW2 & European history
Arts, culture, & architecture
Global Migration & the EU

THAILAND

Art, architecture and culture
Indigenous cultures & identities
Sustainable tourism

UGANDA & RWANDA

Social enterprise &
micro-business
International development
Peace, conflict & reconciliation

*Optional Spanish language focus



NEW LOCATIONS

Insight is proud to offer six new locations for the upcoming academic year. If you've got another location in mind, please let us know and we'll work with you to create that experience. Everything we do at Insight is customized.

CROATIA

Peace, conflict & reconciliation
Art, architecture & culture
Sustainable tourism

ICELAND

Climate change & sustainability
Energy studies
European integration & the EU

LONDON & THE UK

History & politics of the UK
Social justice movements
Art, architecture, & culture

GUYANA

Indigenous cultures & identities
Trans-Atlantic slave trade
Climate change & sustainability

JAPAN

WWII history
Globalization & industrialization
Art, architecture & culture

MOROCCO

Islamic history & culture
The Saharan Desert
Food security & water scarcity